Morale, Welfare & Recreation

Recreation activities at forts Richardson and Wainwright provide well-rounded recreation programs including arts and crafts, auto crafts, libraries, athletic activities, outdoor recreation, information, ticketing and registration.

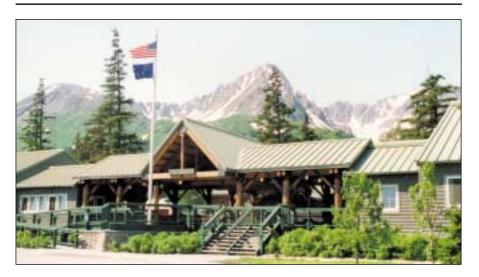
Though there are some variances in programs and facilities, they all have certain aspects in common. The first similarity is that soldiers and their families have first priority to a wide variety of facilities and services.

Department of Defense and United Service Organizations shows are also presented periodically. The performers invite the entire military community and public to watch them set the stage with musical performances, fashion and talent shows.



Sea otter

Recreation



Seward Resort

he Seward Resort has 56 Motel rooms, 12 Townhouses, a log cabin, tent and RV sites. It's an affordable retreat for military, retirees, National Guard, Reserves, civilian employees, their families and guests. The resort is open year round, seven days a week. Reservations can be made one year in advance.

The Seward Resort is 125 miles south of Fort Richardson and the Anchorage metro area, on the beautiful Kenai Peninsula, just inside the city limits of Seward, Alaska, adjacent to Resurrection Bay. En route, you'll travel the Seward Highway, a "National Scenic Byway," famous for scenic views along Turnagain Arm.

Watch for moose, Dall sheep, beluga whales, bald eagles, black bear and the many glaciers tucked in and around the Chugach Mountains. The resort is accessible by car, recreational vehicle (approximately a 2.5 hour drive from Anchorage), the Alaska Railroad, cruise ship and by air. The magnificent Kenai Fjords National Park, the immense Harding Icefield, and the incredible natural beauty of the Chugach National Forest surround the Seward Resort. While visiting the Resort, tour spectacular Resurrection Bay, gateway to Kenai Fjords National Park on our eight-hour Wildlife & Glacier Cruise to Holgate Glacier. See

the many active glaciers and waterfalls creeping down the steep mountainsides. Look for majestic bald eagles, colorful tufted and horned puffins, mountain goats and a variety of seabird colonies. Watch for Alaska's famous marine mammals: killer whales, humpback whales, Steller sea lions, harbor seals, sea otters and Dall's porpoises. Anglers can book our deep-sea charter fishing adventures and experience the thrill of fishing in the Gulf of Alaska, while enjoying the unique beauty of the Alaskan coastline.

Summer amenities include 40 RV sites with full hookups, 10 tent sites, two yurts (12' round-framed tent), a covered picnic pavilion with a large grill, a playground, fish house and freezer, showers, and laundry facilities. Fishing charters and glacier cruises are available. Discount Travel & Tour Tickets are also available.

Winter recreation includes snow machine rentals, ice fishing, crosscountry skiing, snow shoeing, sledding and mushing. The Seabolt Hall is also available to rent for conferences, weddings, banquets and holiday parties.

For reservations, call 224-2654/2659 or leave a message at (800) 770-1858 or visit the web at www.usarak.army.mil/framwr/seward.htm.

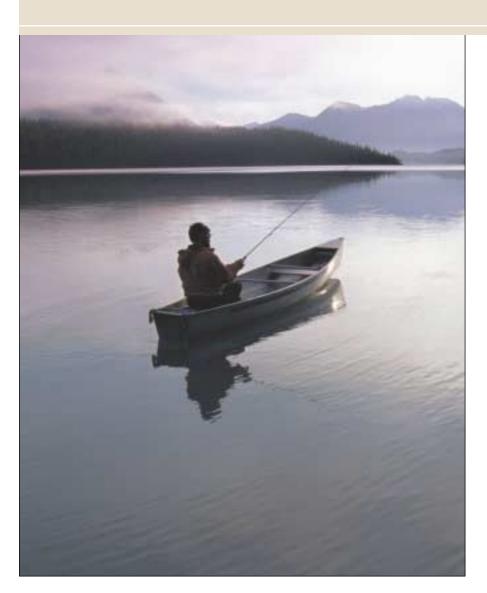




he Army posts in Alaska are in tune with the needs of avid adventurers. They have a wide variety of equipment for those who want to be outdoors. From fishing, skiing and camping gear, to ice augers (for cutting holes for ice fishing) and trailers, soldiers and family members can challenge the outdoors at a moderate price.

Fort Richardson's Recreation Equipment Issue Office is at the Outdoor Sports Center, Building 794. Boater safety training (mandatory for motorboat rental), life jackets, fishing rods, hip boots, tents, stoves, backpacks and camping gear are all available, as well as all terrain

Outdoor Recreation



vehicles and equipment for smoking meat. For more information, call 384-1476/1475.

Fort Wainwright's Outdoor Recreation Program opened its new equipment issue center at Glass Park in 2001. There is a 48-space RV park and a boat launch facility on the Chena River. In addition to renting a wide variety of equipment to include riverboats and campers, Outdoor Recreation offers cross-country, downhill ski and snowboard instruction, canoe lessons, boater safety classes, river float trips and fishing excursions. For more information, call 353-6349 or 353-6350.

Boat Shops

Boaters in Alaska must give special consideration to the water temperature, which is generally in the 40-degree range and to the tides, which can have a difference of more than 20 feet. Each post rents riverboats and canoes. Anyone wanting to rent these boats must attend the Boating Safety Course.

Fort Richardson rents oceangoing boats, riverboats and canoes at the Outdoor Recreation Center. Call 384-1475. The Fort Wainwright boat shop is co-located at the Outdoor Adventure Center; call 353-6349.

Physical Fitness Centers

Fort Richardson's Buckner Physical Fitness Center (BPFC) is at Sixth and D streets. It offers a seven-lane, 25-yard indoor swimming pool with a threemeter platform, low diving board, water slide and hot tub. It also offers three basketball/volleyball courts, four handball/racquetball courts, aerobics, wrestling, karate, computerized circuit training, free-weight equipment, and cardiovascular exercise machines. It also provides sauna and steam baths for both men and women. Tanning booths provide a great tan even in the winter.

The equipment issue counter and staff can meet most equipment needs within the center. Also available are various items for resale, including weight training, racquetball and swimming equipment and specialized weight lifting and fitness drinks.

The sports office at the fitness center conducts our complete intramural sports program for soldiers. It operates year-round and includes the more popular seasonal sports like flag football, basketball, softball, volleyball, tennis, racquetball, swimming and broomball. A variety of swimming classes is offered for adults and children. Other programs include swim periods and military training-related activities. Call 384-1301 for information.

For more information on BPFC, call 384-1308. The BPFC hours are Monday through Friday 5:30 a.m. to 10 p.m., and Saturday, Sunday and holidays from 9 a.m. to 7 p.m.

The Fort Wainwright Physical Fitness Center is on South Post, adjacent to the Post Exchange. The center features an indoor running track, aerobics rooms, basketball and racquetball courts, sauna and steam rooms for men



Photo: Sgt. Cecile Cromartie

Fort Wainwright's Physical Fitness Center.

recreational skating throughout the year. Outside, players will find a two-field softball complex, three tennis courts and a soccer practice field.

and women, an open exercise area that contains stateof-the-art equipment and one of the Army's few indoor ice rinks. Free weights and Nautilus machines are also available. The center has a multi-purpose room that's used for broomball and

Melaven Gym offers a basketball court, four racquetball courts, a weight room featuring free weights and Nautilus machines, saunas and steam rooms, an indoor 25-meter pool. Melaven Gym also has two softball fields and tennis courts. The Physical Fitness Center and Melaven Gym operate year-round.

Major seasonal sports include basketball, softball, flag football, volleyball, broomball and many others as well as numerous invitational tournaments. For more information, call 353-7274/7275.

Arts and Crafts and Auto Shops

The Fort Richardson Arts and Crafts facility is centrally located in a modern brick structure, Building 755 at the corner of Second and D streets. It is open Thursday through Friday from noon to 9 p.m. and weekends from 10 a.m. to 7:30 p.m. The facility includes a wood shop with numerous power tools and various woods for sale. The multi-craft shop includes equipment for creating ceramics, pottery, clay items and fine arts. The picture-framing shop allows for frame-it-yourself and custom framing with molding, glass and a colorful selection of matte boards for sale at reasonable rates. Framing classes are held weekly. The sales store offers equipment and supplies for almost any artistic endeavor. Assistance and advice is available





from our well-trained and friendly staff members. Classes and oneon-one instruction are provided. More information and schedules of events can be obtained by calling 384-3717.

The 16-bay auto shop provides instruction, tools and equipment for auto repairs, lubrication racks, tire changers, an auto paint booth and welding facility. The auto shop is open Thursday through Sunday. Emissions tests are also done. Call 384-3718 for appointments and information. Adjacent to the Arts and Crafts is a do-it-yourself car wash.

The Fort Wainwright Arts and Crafts Center is in Building 3727 on Neely Road next to the Aviation Brigade dining facility. The phone number is 353-7520. The shop has almost any



Creating ceramics is one of many activities at the Arts and Crafts Centers.

woodworking equipment needed for building anything from a shelf to a stereo cabinet. Multiple crafts include leather, pottery, ceramics, jewelry/lapidary, macramé and mat cutting. Special classes are offered in several of these skills. We require a Safety class before using the wood shop, mat cutter and ceramics facilities. The Arts and Crafts Center is open Monday through Wednesday from noon to 9 p.m. and Saturday and Sunday from 9 a.m. to 6 p.m.

The Auto Craft Shop provides assistance to service members and their families. The phone number is 353-7436. Due to extreme temperature ranges in Interior Alaska from 60 degrees below zero or colder in the winter to highs in the 80s and 90s in the summer, it is important for soldiers to keep their vehicles in good running condition.

Mechanics are on duty to assist you with vehicle problems. There are also tools and equipment for most minor technical work, with some special equipment for major jobs. Inspection and maintenance (emission control) certificates are also available. The Auto Crafts Center is in Building 3730 on Oak Street behind the Post Exchange. The center features 17 bays for vehicle work, and three car wash bays.

Bowling Center

Fort Wainwright's Nugget Lanes Bowling Center provides league, open bowling, youth programs and a variety of weekend tournaments for active-

duty and retired military, authorized civilian employees, and their family members. The facility has 32 lanes, a pro shop, snack bar, cocktail lounge and glowin-the-dark bowling. Open year round on Friday and Saturday, it offers birthday party, unitand youth-outing packages. Fridays are non-smoking days at the lanes. Call 353-2654 for more information.



Fort Wainwright's Nugget Lanes Bowling Center.

Golf

The Fort Richardson Moose Run Golf Course opened its second 18 holes, The Creek Course, in 2000, making Moose Run the worlds' northernmost 36-hole layout. Built with the most up-to-date construction techniques, this 7,324-yard, par-72, 18-hole course crosses Ship Creek several times, offering challenging golf and incredible views of the Chugach Mountains. Along with Moose Runs' original 18, The Hill Course (a 6,417-yard par-72), the facility typically opens in mid-May and closes in mid-September.

The clubhouse has a large deck, a snack bar, and a fully stocked pro shop with rental equipment. Moose Run is located east of Gate 1 on Arctic Valley Road. For more information and tee times, call 428-0056.

Chena Bend Golf Course is nestled between the east end of the Fort Wainwright airfield and the Chena River. The Fairbanks area's only 18-hole golf course was rated by Golf Digest as Alaska's best for 1999. There are carts and clubs available for rent, and the clubhouse offers a snack bar and pro shop. The course is open May through September. Call 353-6223 during the summer months for more information.



Fort Richardson's Buckner Physical Fitness Center (BPFC) has a lighted ice-skating rink located behind the gym.

Fort Wainwright has one of the few indoor ice rinks in the Army, a fact that allows for a variety of on-ice activities to include, hockey, broomball, figure-skating lessons, as well as extended hours for general skating. There is also an outdoor rink at Youth Services.

Lakes

Fort Richardson's Otter Lake complex is a picturesque outdoor recreation area nestled amid spruce and birch trees, and boasts a beautiful view of the mountains. It is an ideal place for unit and family parties, picnics and camping.

The focal point of Otter Lake is a lodge overlooking the lake and the Chugach Mountain Range. The lodge is available for parties throughout the year and may be reserved, in whole or in part, by calling the reservation office at 384-1475 or 384-1476.

The issue hut rents rowboats and paddleboats for use on the lake during the summer. When the lake freezes in winter, it becomes a fantastic skating surface, and great for ice fishing. Also available at Otter Lake are rental cabins overlooking the lake.

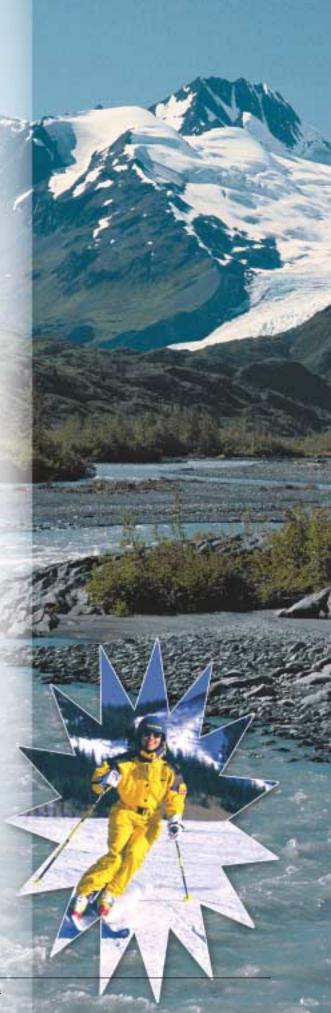
Skiing and Snowboarding

Fort Richardson's Dyea Ski Hill is located on Dyea Street behind Building 470. The ski hill includes a towrope, and inner tubes and ice skates for checkout. Cross-country and downhill skiing equipment is available for rent. Dyea opens for ski season around October 15, depending on snowfall, and closes for the season in early April.

Call 384-2960 for information.

Fort Wainwright's Birch Hill Ski Lodge is in Building 1172 on Birch Hill on the north side of the Chena River. The phone number is 353-9131. The lighted ski hill includes a chair lift, one paddle lift, and sleds for checkout. Cross-country, downhill and snowboarding equipment is available for rent.

The ski lodge has a large lounge and snack bar. Beginner through advanced lessons are available on the 35-acre slope. Tournaments are offered throughout the ski season, and military arctic skills championships are conducted annually.





Skeet & Trap Ranges

Sports shooters have a treat in store at the Fort Richardson ranges, located at the Outdoor Sports Center between the post and Elmendorf Air Force Base. Intramural leagues, recreational leagues and national Skeet Shooters Association-sponsored shoots are frequent on the lighted skeet and trap ranges. Shotgun shell sales, reloading equipment, gun rentals and shooting supplies are also available.

A Sporting Clays Range is also available. A snack bar provides refreshments for patrons. The schedule and information can be obtained by calling 384-1480.

Fort Wainwright's Birch Hill Skeet and Trap Range is next to the ski lodge. Registered skeet shoots, as well as skeet and trap leagues are available throughout the year on three lighted fields. The range offers resale of ammunition and reloading supplies, as well as gun rental. Call 353-7869 for more information.

Black Spruce Campground

Black Spruce Park is at Quarter-Mile Loop Road on the way to the picturesque backwoods of Fort Richardson. It operates on a first-come, first-served basis; priority is given to soldiers who need accommodations due to PCS moves. The park is open from May through September. There are 45 sites with complete hookups and tent camping, and sites are equipped with barbecue pits and picnic tables. Within the camp are shower and laundry facilities and a playground. Full RV hookups area provided. For more information and reservations, call the Outdoor Sports Center at 384-1475/1476 or 428-0001.

Fort Richardson Off-Road Trail

Interested in off-road excitement? An off-road trail system for ATVs and BMX motorcycles is located at Fort Richardson on the north side of Davis Highway. When riding, always watch for hikers and wildlife.

Remember to stay off the cross-country ski trails in the winter. Permits for an ATV may be obtained through the Outdoor Recreation Office, Building 794. For more information, contact them at 384-1475/1476. Also available at the Outdoor Recreation Office are fishing and hunting permits.

Club System

Fort Richardson operates a club called the Down Under, which is located in Building 655. The club is open Friday and Saturday nights and for Monday Night Football. It is available for unit and private party functions any day of the week, except Fridays. The club is a great place to get together for fun and dancing and boasts the second largest dance floor in Anchorage. For more information, call 384-7619.

Fort Wainwright offers two clubs with diversified programs of social activities. The Last Frontier Club, 353-6109, offers lunch from 11 a.m. to 1 p.m. Tuesday through Friday. In addition, the club is available for unit and private party functions any day of the week.

The Arctic Oasis is in building 3205 on the corner of Santiago and Neely Roads. The club's sports lounge offers a variety of activities, including video games, pool tables and numerous Televisions to watch your favorite sporting events.

The Oasis Room at the Arctic Oasis features a state-of-the-art dance lighting system, a large dance floor, and seating for more then 200 people. Parties and other functions may be booked at the Arctic Oasis. For more information, call 353-1085. For phone numbers to all of the USARAK MWR facilities, look in the phone section of this guide.

Fort Richardson MWR Phone Numbers

USARAK Director of Community Activities (DCA)		
USARAK Deputy Director	. (Bldg 1)	. 384-2261
Administrative Assistant		
NCOIC		
Community and Family Activities Manager (CFAM)	(Bldg 1)	384-2053/2031
Army Substance Abuse Program (ASAP)	(Bldg 1113)	384_1418
Adalasant Culatanas Abusa Cauraling Carriage (ACACC)	. (blug 1113)	204 0124
Adolescent Substance Abuse Counseling Services (ASACS).		
Army Community Services (ACS)	. (Bldg 33/)	. 384-151//1518
Army Emergency Relief (AER)	. (Bldg 337)	. 384-7478
Army Family Team Building (AFTB)		
Employment Readiness Program (ERP)		. 384-6716
Exceptional Family Member Program (EFMP)		
Families' First		
Family Advocacy Program (FAP)		384-1006
Family Readiness Group (FRG)		384.6736
Financial Readiness Program (FRP)		
Loan Closet		
Relocation Readiness		
Victim Advocate		
Volunteer Resource Council (VRC)		. 384-6736
Women, Infant & Children (WIC)		. 384-2033
Community Mental Health/Family Advocacy Office		
Arts & Crafts Center		
(Ceramics - 384-3419, Frame - 384-3417, Wood - 384-3	. (DIGG / 55)	. 301 37 17/37 13
Automotive Skills Center		204 2710
Plant Common DV Common de	. (blug / 33)	. 304-3/10
Black Spruce RV Campground	(DLL 600)	. 384-//40
Buckner Physical Fitness Center (BPFC)		
Front Desk & Equip/Tanning		
Sports		. 384-1304
Pool Office		. 384-1301
Recording		. 384-1302
Child Development Center (CDC)		
School Age Services (SAS)	(Bldg 297)	. 384-1508
Hourly Care Program	(Bldg 337)	384-1510
Family Child Care (FCC)		
Part Day Program (PDP)		
Central Registration		
Supplemental Programs & Services (SPS)		
Down Under Lounge		
Dyea Ski Rental		
Army Continuing Education System (ACES)	. (Bldg 658)	. 384-0970/0968
Testing Office		. 384-0961
Learning Resource Center		
MOS Library		
Library, Post		
Lodging (Billeting)		
Loughing (billeting)		
Marketing & Advertising		
Commercial Sponsorship		. 384-2681 (Cell 229-3159)
Moose Run Golf Course (MRGC)		
Otter Lake Boat Rental (Otter Lake)		. 384-6245/6250
Otter Lake Lodge (Reserve thru ODR)		. 384-1475/1476
Lodge	. (Bldg 65-505)	. 384-6246
Outdoor Recreation Center (REI)/Boat Shop	(Bldg 794)	384-1475/1476/428-0001
RV Storage (Big Dipper, Little Dipper & Northern Lights)	. (3.0.8 / 3 . /	384-1475/1476
Seward Resort (Open Year Round, 7 days a week)		. 304-14/3/14/0
		007 224 2654/2650
www.usarak.army.mil/framwr/seward.htm		
Leave Message		
Skeet Range (Skeet, Sporting Clays & Archery)		
Youth Services (YS)		
Computer Lab	. (Bldg 293)	. 384-6301

Fort Wainwright MWR Phone Numbers

Community and Family Activities Manager (CFAM) ... (Bldg 1555) 353-7611

Army Substance Abuse Program (ASAP)	. (Bldg 1064) 353-1370
Army Community Services	. (Bldg 3722) 353-4227
ÁER, EFMP, Family Support Services, Food Stamps	
Boss Representative	
Child and Youth Services	. (Bldg 4176) 353-9545
Child Development Center	
Family Childcare	. (Bldg 4176) 353-6266
School Age Services	
Supplemental Programs & Services	
USDA Nutritionist	
Youth Services	
Arctic Oasis	
Arts and Crafts	
Auto Craft Shop	
Birch Hill Ski Facility	
Chena Bend Golf Course	
Nugget Lanes Bowling Center	
Physical Fitness Center/Sports - Ice Rink	
Melaven Gym - Swimming Pool	
Skeet Range	
Education Center-MOS Library, Learning Center, Post Library	(Bldg 2110) 353-7486
Glass Park Outdoor Recreation Center	
Marketing & Commercial Sponsorship	. (Bldg 1555) 353-9828
Supplies & Services	. (Bldg 1053) 353-7115

